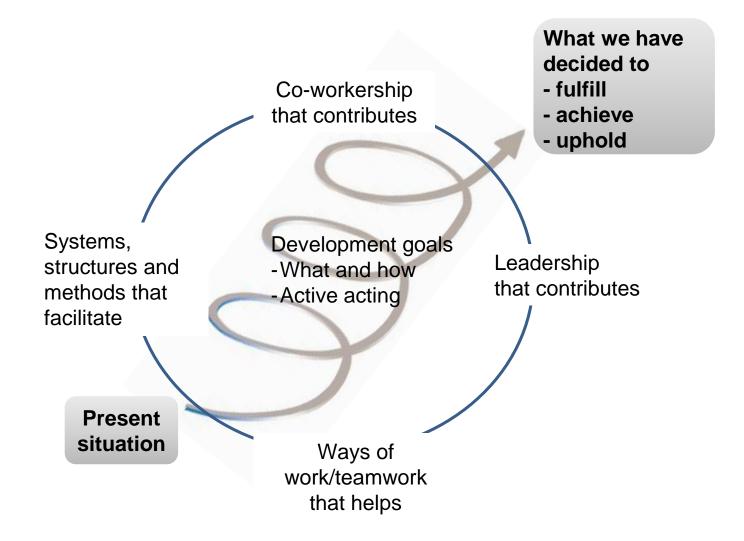




## Arena for development





### Develop commitment and participation



#### Less of...

### Consuming

- Have to
- Passive
- Be subjected to
- Suffer
- Victim
- Sign over
- Stuck

#### More...

### Co-creative

- + Want to
- + Active
- + Influence
- + Be a part of
- + Responsible
- + Support
- + Impressionable

Active devolopment of people and operations by co-creativity



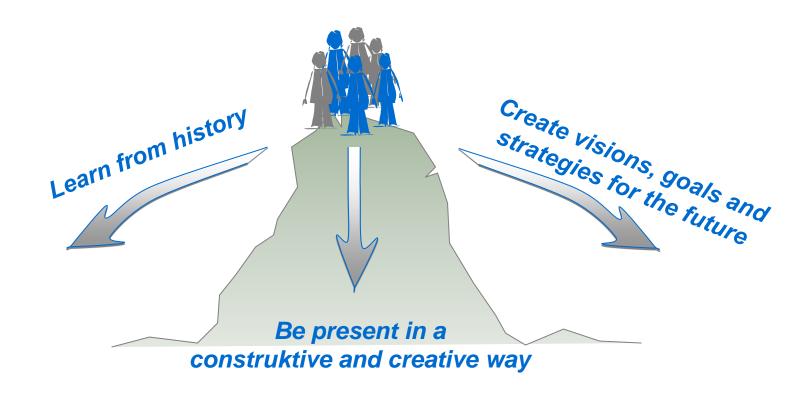
## Practicing arenas



"To see and take care of opportunities for development" "Training on my own and together with others"



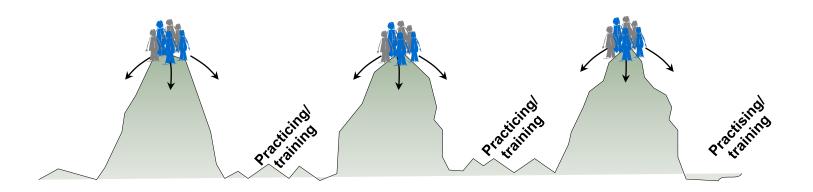
### Reflections on the "Mountain"



The mountain is a symbol of coming up a bit and see everyday life/situations out of an over-looking perspective



## **Processing**



Our experiences tell us that to achieve the effects we want, the TTNP model is the most successful method.

T = Think

T = Talk

N = Note

P = Practise

In our processes we recommend two or more "Mountains" to enable training period, follow-up to learn from experiences and to refine training plans.



# To practice developing skills

Note/document

Reflect..

Expose yourself, practise, apply

Note/document your experiences and learnings

Refllect on practise

- effects
- experiences
- learnings

Expose yourself, practise, apply

Find out what you want to

- achieve
- develop
- practise



A company that originates in the football club Sunnanå SK. We are located in Skellefteå, a small town in northern Sweden. Sunnanå SK was formed in 1939 and the company's operations started in 1984.

We are eight people working here with development aid and change facilitating in companies, organizations, teams and with individuals. Our assignments are usually custom designed with different purposes and goals.

We set up programs and processes to achieve as much synergy as possible: a positive mutual interaction between individuals and business needs.

Development of work climate, changes in organizational culture, leadership, team and co-workership development, dialogue and co-creative practising etc.

The journey from the present to the desirable is a process that requires a well thought out development education - Let us contribute!



