

	Standard Times											
	Women		Men		Girls 17-18		Boys 17-18		Girls - 13-16		Boys - 13-16	
Grenar	25m	50m	25m	50m	25m	50m	25m	50m	25m	50m	25m	50m
50m Freestyle	00:27,19	00:28,06	00:24,11	00:25,15	00:27,94	00:28,81	00:25,11	00:26,15	00:28,44	00:29,31	00:25,61	00:26,65
100m Freestyle	00:58,88	01:00,52	00:52,38	00:54,43	00:59,80	01:01,72	00:53,93	00:55,89	01:01,90	01:04,29	00:56,79	00:58,99
200m Freestyle	02:08,34	02:12,28	01:55,07	02:00,29	02:10,35	02:14,19	01:58,54	02:03,00	02:15,58	02:17,93	02:03,78	02:08,89
400m Freestyle	04:30,68	04:36,68	04:06,77	04:13,02	04:30,68	04:36,68	04:13,12	04:19,99	04:40,14	04:45,78	04:26,89	04:32,91
800m Freestyle	09:06,64	09:16,67	08:28,53	08:38,03	09:21,95	09:30,35	08:33,53	08:43,03	09:23,96	09:33,33	08:50,80	08:59,98
1500m Freestyle	18:00,67	18:10,40	16:42,27	17:02,79	18:20,81	18:44,84	16:42,98	17:03,19	18:30,80	18:50,97	17:11,28	17:31,84
50m Breaststroke	00:34,60	00:35,57	00:30,72	00:31,88	00:35,35	00:36,32	00:31,72	00:32,88	00:35,85	00:36,82	00:32,22	00:33,38
100m Breaststroke	01:14,51	01:17,82	01:06,73	01:10,20	01:16,74	01:20,12	01:08,52	01:11,88	01:19,56	01:23,61	01:13,10	01:17,07
200m Breaststroke	02:42,48	02:50,71	02:27,52	02:35,10	02:47,25	02:54,10	02:30,94	02:39,56	02:52,05	02:56,09	02:37,47	02:47,99
50m Backstroke	00:30,89	00:32,46	00:27,73	00:29,35	00:31,64	00:33,21	00:28,73	00:30,35	00:32,14	00:33,71	00:29,23	00:30,85
100m Backstroke	01:06,22	01:09,50	00:59,33	01:03,31	01:07,67	01:11,00	01:01,28	01:04,87	01:10,39	01:14,11	01:05,65	01:09,70
200m Backstroke	02:24,22	02:31,20	02:10,68	02:19,70	02:27,33	02:34,58	02:14,45	02:22,71	02:28,94	02:37,42	02:19,40	02:29,59
50m Butterfly	00:29,40	00:29,81	00:26,37	00:26,90	00:30,15	00:30,56	00:27,37	00:27,90	00:30,65	00:31,06	00:27,87	00:28,40
100m Butterfly	01:05,41	01:07,13	00:57,95	00:59,96	01:06,68	01:08,58	00:59,71	01:01,82	01:10,19	01:12,66	01:04,38	01:06,54
200m Butterfly	02:28,86	02:33,73	02:13,13	02:20,47	02:32,45	02:38,36	02:16,63	02:23,81	02:42,26	02:44,85	02:26,19	02:34,29
200m IM	02:25,44	02:30,68	02:10,97	02:16,99	02:28,26	02:33,45	02:14,85	02:21,59	02:33,30	02:39,95	02:23,19	02:29,16
400m IM	05:12,19	05:25,68	04:45,11	05:01,24	05:17,01	05:31,86	04:47,61	05:02,29	05:21,54	05:36,26	04:58,49	05:15,31