

Kvibergs HK stands for JOY – COMMUNITY – ENGAGEMENT



Welcome to Kvibergs HK!

The club was founded in 2014 to encourage more young people to play handball in the northeastern parts of Gothenburg. Today, the club has more than 20 different teams in various leagues and over 400 members.

We mainly play in Kvibergs Park Sports Arena, but also in other halls in our local area. Being based in Kviberg allows us to bring people together from different neighborhoods in eastern Gothenburg, helping to promote better integration in our community.

Kvibergs HK is a non-profit club that relies on all parents helping to create a well-functioning club where children can thrive and develop in a safe environment.

Kvibergs HK is an inclusive club that aims to get children involved in sports and to help them continue being active as adults.

As a child/player in Kvibergs HK, you are expected to:

- Be a good friend to everyone in the team and a positive role model for younger players.
- Have a positive attitude and show respect for players, coaches, parents, and the club – always.
- Arrive on time for practices and matches, and be prepared (with food, rest, and the necessary equipment).
- Not complain about referees, teammates, or opponents.
- Show good sportsmanship, no matter the result of the match or how the opponents play (#Schysstmatch, #Fairplay).

As a parent of a player in Kvibergs HK, you are expected to:

- Have a positive attitude and show respect for players, coaches, parents, and the club – always.
- Respond to practice invitations in Laget.se, make sure your child arrives on time for practices and matches, and is prepared with food, rest, and the necessary equipment.
- Pay membership/training fees on time and attend parent meetings.
- Not complain about referees, players or coaches.
- Show good sportsmanship, no matter the result of the match or how the opponents play (#Schysstmatch, #Fairplay).
- Inform the coaches whether your child has allergies or any other important information they need to know.

- Take responsibility for borrowed equipment, such as match shirts. You are liable to pay compensation if it is not returned after the season in sound condition.

In addition to the above, parents are required to volunteer in different roles within the team/club. Each team needs several engaged parents in different roles. This creates a social community, helps give the children a safe and rewarding leisure activity, and gives you an opportunity to be involved in your child's activities.

Even if you cannot take on a specific role, you are still expected to help and contribute with your time and engagement during activities such as home events and sales.

Kvibergs HK has zero tolerance for all types of drugs and bullying

- Our activities should promote physical, mental, social and cultural development in a drug-free environment.
- No one in Kvibergs HK should feel offended, harassed, discriminated against, or uncomfortable because of gender, ethnicity, cultural background, religious beliefs, or sexual orientation.

The Leisure Activity Card (Fritidskortet)

On June 17, the Swedish parliament decided on financial support called The Leisure Activity Card (Fritidskortet) for children and young people aged 8–16. The Leisure Activity Card will be launched in September and can be used to pay for organized leisure activities in sports, outdoor life, culture, and other associations. All children will receive 500 SEK per year to use via the Leisure Activity Card, while children in households with housing allowance can receive 2,000 SEK per year.

Kvibergs HK will be included in the Leisure Card's register, so you can use the card with us. For more information, go to: www.fritidskortet.se/om-fritidskortet/in-english

Sales

Each team carries out sales activities every year to help fund tournaments and other fun activities for the team. The only mandatory sale from the club is Bingolotto tickets and calendars at Christmas. This sale has a set minimum number of tickets to sell. If you cannot participate in this sale, you can "opt out" by paying 500 SEK for the 2025/2026 season. All parents are encouraged to help with other sales as much as they can.

When you choose to pay the membership fee to Kvibergs HK, you also agree to the above requirements and expectations for you as parents and children in Kvibergs HK. If the above is not followed, you/your child may be excluded from the club.

With your **engagement**, we create **joy** and a **community** together!

See you in the handball hall!

Kind regards, The Board of Kvibergs HK

