Uppdaterad 2025-08-28

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| **Måndag** | **A1** | **A2** | **B1** | **B2** | **7-manna** | **Konstgräs** |
| 17:00-17:30 | FRI-idrott | FRI-idrott | P10 | Junior | F15 |  |
| 17:30-18:00 | FRI-idrott | FRI-idrott | P10 | Junior | F15 | F12 |
| 18:00-18:30 | FRI-idrott | FRI-idrott | P10 | Junior | F15 | F12 |
| 18:30-19:00 | FRI-idrott | FRI-idrott | Herr | Dam | P15  | F12 |
| 19:00-19:30 | Herr | Herr | Dam | Dam | P15  | P11/12 |
| 19:30-20:00 | Herr | Herr | Dam | Dam | P15 ej 1/9 | P11/12 |
| 20:00-20:30 |  |  |  |  |  | P11/12 |
| **Tisdag** | **A1** | **A2** | **B1** | **B2** | **7-manna** | **Konstgräs** |
| 17:00-17:30 | P10 | F09/10 | P13 | F13 | P16 |  |
| 17:30-18:00 | P10 | F09/10 | P13 | F13 | P16 | F11 |
| 18:00-18:30 | P10 | F09/10 | P13 | F13 | P16 | F11 |
| 18:30-19:00 | Herr | Herr | P14 | Junior |  | F11 |
| 19:00-19:30 | Herr | Herr | P14 | Junior |  | F14 |
| 19:30-20:00 | Herr | Herr | P14 | Junior |  | F14 |
| 20:00-20:30 |  |  |  |  |  | F14 |
| **Onsdag** | **A1** | **A2** | **B1** | **B2** | **7-manna** | **Konstgräs** |
| 17:00-17:30 |  |  |  |  |  |  |
| 17:30-18:00 | Fot | bolls | skol | an | Fotbolls | Skolan |
| 18:00-18:30 | Fot | bolls | skol | an | Fotbolls | Skolan |
| 18:30-19:00 |  |  | Dam | P11/12 | F16 | P15 |
| 19:00-19:30 |  |  | Dam | P11/12 | F16 | P15 |
| 19:30-20:00 |  |  | Dam | P11712 | F16 | P15 |
| 20:00-20:30 |  |  |  |  |  |  |
| **Torsdag** | **A1** | **A2** | **B1** | **B2** | **7-manna** | **Konstgräs** |
| 17:00-17:30 | P10 | P10 | P13 | F11 | F12 | F13 |
| 17:30-18:00 | P10 | P10 | P13 | F11 | F12 | F13 |
| 18:00-18:30 | P10 | P10 | P13 | F11 | F12 | F13 |
| 18:30-19:00 | Dam | F09/10 | Herr | P11/12 | F14 | P14 |
| 19:00-19:30 | Dam | F09/10 | Herr | P11/12 | F14 | P14 |
| 19:30-20:00 | Dam | F09/10 | Herr | P11/12 | F14 | P14 |
| 20:00-20:30 |  |  |  |  |  |  |
| **Fredag** | **A1** | **A2** | **B1** | **B2** | **7-manna** | **Konstgräs** |
| 16:30-17:00 |  |  |  |  |  | F16 |
| 17:00-17:30 | Junior | Junior | F11 | F11 | P16 | F16 |
| 17:30-18:00 | Junior | Junior | F11 | F11 | P16 | F15 |
| 18:00-18:30 | Junior | Junior | F11 | F11 | P16 | F15 |
| 18:30-19:00 |  |  |  |  |  |  |
| 19:00-19:30 |  |  |  |  |  |  |
| 19:30-20:00 |  |  |  |  |  |  |
| 20:00-20:30 |  |  |  |  |  |  |
| **Lördag** | **A1** | **A2** | **B1** | **B2** | **7-manna** | **Konstgräs** |
| 9:30-11:00 |  |  |  |  |  | Bollibompa |
| **Söndag** | **A1** | **A2** | **B1** | **B2** | **7-manna** | **Konstgräs** |
| 9:30-11:00 |  |  |  |  | P17 |  |
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