

# HC Dalen sommarhockeyskola 15 – 19 augusti, 2018

## Grupp 5 – födda 2009-2010

|             | 16-aug          | 17-aug       | 18-aug      | 19-aug       | 20-aug       |
|-------------|-----------------|--------------|-------------|--------------|--------------|
| TID         | ONSDAG          | TORSDAG      | FREDAG      | LÖRDAG       | SÖNDAG       |
| 08.00-08.20 | Inskrivn. 08.00 | is           |             | is           |              |
| 08.30-08.50 |                 | 08.00-08.50  |             | 08.00-08.50  |              |
| 09.00-09.20 | is              |              | is          |              | is           |
| 09.30-09.50 | 09.00-10.20     | fys*         | 09.00-10.20 | fys          | 09.00-09.50  |
| 10.00-10.20 |                 | 09.30-10.30  |             | 09.30-10.30  |              |
| 10.30-10.50 |                 |              |             |              | Avresa 10.20 |
| 11.00-11.20 | lunch 11.15     | lunch 11.00  | lunch 11.15 | lunch 11.00  |              |
| 11.30-11.50 |                 |              |             |              | McDonalds    |
| 12.00-12.20 | fys*            | skott/teknik | fys*        | skott/teknik | 11.00        |
| 12.30-12.50 | 12.00-13.00     | 12.00-12.30  | 12.00-13.00 | 12.00-12.30  | Bowling      |
| 13.00-13.20 |                 | is           |             | is           | 12.00        |
| 13.30-13.50 |                 | 13.00-13.50  |             | 13.00-13.50  |              |
| 14.00-14.20 | is              |              | is          |              |              |
| 14.30-14.50 | 14.00-14.50     |              | 14.00-14.50 |              | internmatch  |
| 15.00-15.20 |                 |              |             |              | 14.30-15.50  |
| 15.30-15.50 |                 |              |             |              |              |

|             |             |
|-------------|-------------|
| 18.00-18.20 | Målvakt     |
| 18.30-18.50 | 18.00-18.50 |

\* Flahultsskolan tillgänglig